

October Break - Rugby Activities Day





Friday 16th October 2015, 10:00am - 3:30pm @ Orkney RFC

October Break Rugby Activities Day

Orkney Rugby Club invites you to join us for another *Rugby Activities Day*. Once again, we will be hosting a beginner *and veteran alike* friendly day at Orkney Rugby Club from 10:00am through to 3:00pm.

Registrations Open from:

9:45am for P1-P3s 1:15pm for P4-P7s

Each session costs £3.00 per child

Our sessions will run as follows:

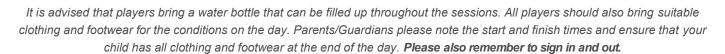
10:00am-12:00pm for P1-P3s 1:30pm-3:30pm for P4-P7s

P1-P3s

Join us for some fun, non-contact rugby games. Our P1-P3s will be looking to develop their fundamental movement skills through fun tag rugby activities. No experience is needed, all of our games are designed for budding Rookies and new players alike!

P4-P7s

Our P4-P7s will build on their tackling and game awareness skills; incorporating teamwork, tactics and technical development to introduce new players & boost existing players involved in our Mini Rugby.



** Please see overleaf for sign-up details **





October Break - Rugby Activities Day 16/10/15



Registration Form

Please Return by October 15th, 2015 or Pay on the Day

Players Name :
Parent / Guardian :
Contact Number : Email Address :
Players Date of Birth : School Year :
Session Attending? Primary 1-3, 10:00am—12:00pm (Please Circle) Primary 4-7, 1:30pm—3:30pm
Member of Orkney RFC? Yes / No (Please Circle)
School Attending :
School Attending :
Medical Details (is there anything we need to know about your childs health?):

Alternatively, you can bring the completed form and pay on the day